

Active Schools Week 2023.

17th-21st April 2023.

	Monday	Tuesday	Wednesday	Thursday	Friday
9.05-9.20	Walking and Talking.	Walking and Talking.	Walking and Talking	Walking and Talking	Walking and Talking
	Yoga and Fun Exercises with Ezra Guilfoyle. 9.30- 12.30.	Gymnastics with Magda. (9.30-12.30)	Zumba Pound with Laoise.	Míle an Tamhnaigh.	Hurling with Anne McMahon (9.30-12.30)
					Swimming Lessons for 3 rd to 6 th Class.
1.00-1.15	Run around Ireland. Astro Turf.	Run around Ireland. Astro Turf.	Run around Ireland. Astro Turf.	Run around Ireland. Astro Turf.	Closing @12.20.
	Active Homework (10mins)	Active Homework (10mins)	Active Homework (10 mins)	Active Homework (10 mins)	Active Homework (10 mins)

Activity Timetable.

09.30 -10.15 Ms. Cullinan.(5th and 6th)

10.15-11.00 Mr. Eustace.(3rd and 4th)

Sos.

11.15-11.55 Ms. Garrahy.(1st and 2nd)

11.55-12.30 Ms. Browne.(Junior and Senior Infants.)